



creating radical change 

working for equality and justice

# MEITHEAL TRAINING BROCHURE SPRING 2012



**MEITHEAL IS A COMMUNITY DEVELOPMENT  
SUPPORT AND TRAINING ORGANISATION.**

**OUR MISSION IS TO CREATE RADICAL CHANGE THROUGH WORKING FOR EQUALITY AND  
SOCIAL JUSTICE.**

### ***Target Groups***

Meitheal provides training to the community and voluntary sector, and other organisations working to create social change.

### ***Application Process***

1. Complete the Meitheal application form
2. Return with full fees.
3. Due to the demand for our courses, places will only be confirmed on receipt of full payment

### ***Selection Process***

- There are 12 places on each course and applications received go through to a selection process
- Priority will be given to those applicants from our target groups

### **Outreach Training**

Meitheal also delivers this training to groups and organisations in their own communities, or centres.

For more information contact Meitheal at 01-6719803 or [info@meitheal.ie](mailto:info@meitheal.ie)

<b>Course No: 1</b> <b>5 Day Foundation Facilitation Skills</b>
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***Aim***

This **5 day course** aims to provide an **introduction to facilitation** skills and practice, and to build participants confidence.

***Learning Outcomes***

- Understanding of the role of facilitator
- Knowledge of the tasks of facilitation
- Identification of own skills and areas for further development

***Target Group***

This training is for those who have experience of group participation and for those who are interested in or beginning to work with groups.

Course	Fees	Month	Month
<b>5 Days</b>  <b>Tuesdays</b>	€300	<b><u>January</u></b> <b>31st</b>	<b><u>February</u></b> <b>7<sup>th</sup>, 14<sup>th</sup>,</b> <b>21<sup>st</sup> 28th</b>

Note: Each training day begins at 10.00am and finishes at 4.00 with an hour for lunch.

Meitheal, 35 Exchequer Street, Dublin 2.  
 Tel: (01) 6719803 Email: [info@meitheal.ie](mailto:info@meitheal.ie)

**Application forms are available on our Website: [www.meitheal.ie](http://www.meitheal.ie)**

<b>Course No: 2</b> <b>9 Day Advanced Facilitation Skills</b>
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***Aim***

This **10 day course** aims to increase the knowledge, skills and confidence of participants in the role of facilitator.

***Learning Outcomes***

- Knowledge of group theory
- Increased skills in the role of facilitator
- Enhanced confidence and self-awareness in the role
- Identification of personal boundaries and support needs in the role.

***Target Group***

This training is for those who are currently working with groups and who wish to further develop their facilitation skills and confidence.

Course	Fees	Month	Month
<b>9 Days, Thursday</b>	€600	<b><u>February</u> 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> 23<sup>rd</sup></b>	<b><u>March</u> 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup></b>

Note: Each training day begins at 10.00am and finishes at 4.00 with an hour for lunch.

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**Course No: 3  
Staff Support & Supervision  
Introductory 2 Day Course**

***Aim***

This **2 day course** provides an introduction to a model of effective staff support and supervision.

***Learning Outcomes***

- Understanding of the role of staff support and supervision
- Knowledge of a model of effective support and supervision
- Identification and practice of the skills of staff support and supervision.

***Target Group***

This training is for Voluntary management committee members and workers who want to develop in their staff support and supervisory role.

<b>Course</b>	<b>Fees</b>	<b>Month</b>
<b>2 Days Wednesdays</b>	€150	<b>March 21<sup>st</sup>, 28th</b>

Note: Each training day begins at 10.00am and finishes at 4.00, with an hour for lunch.

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