



creating radical change

• working for equality and justice

MEITHEAL TRAINING BROCHURE

SEPTEMBER/OCTOBER 2025



**MEITHEAL IS A COMMUNITY DEVELOPMENT
SUPPORT AND TRAINING ORGANISATION.**

**OUR MISSION IS TO CREATE RADICAL CHANGE THROUGH WORKING
FOR EQUALITY AND SOCIAL JUSTICE.**

Target Groups

Meitheal training courses are available to individuals and organisations.

Application Process

1. Complete the Meitheal application form
2. Return with full fees
3. Places will only be confirmed on receipt of full payment

Selection Process

- There are 12 places on each course.

Outreach Training

Meitheal also delivers this training to groups and organisations in their own communities, or centres.

For more information contact Meitheal at info@meitheal.ie

087 7756924

Course No 01

Foundation Facilitation Skills Training Course

Aim

This **5 day course** aims to provide an **introduction to facilitation** skills and practice, and to build participants confidence.

Learning Outcomes

- Understanding of the role of facilitator
- Knowledge of the tasks of facilitation
- Identification of own skills and areas for further development

Target Group

This training is for those who have experience of group participation and for those who are interested in or beginning to work with groups.

Course 01	Fees	MONDAYS
5 Day	€450	22 nd September 29 th September 6 th October 13 th October 20 th October
Places will only be confirmed on receipt of full payment.		

Training will take place in Dublin City Centre
Each training day will begin at 10.00am and finish at 4pm, with an hour for lunch.
Phone 087 7756924 Email: info@meitheal.ie

Application forms are available on our Website: www.meitheal.ie

Meitheal Training Brochure September/October 2025